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*Permaculture  
and  
Kalabria Eco Fest*

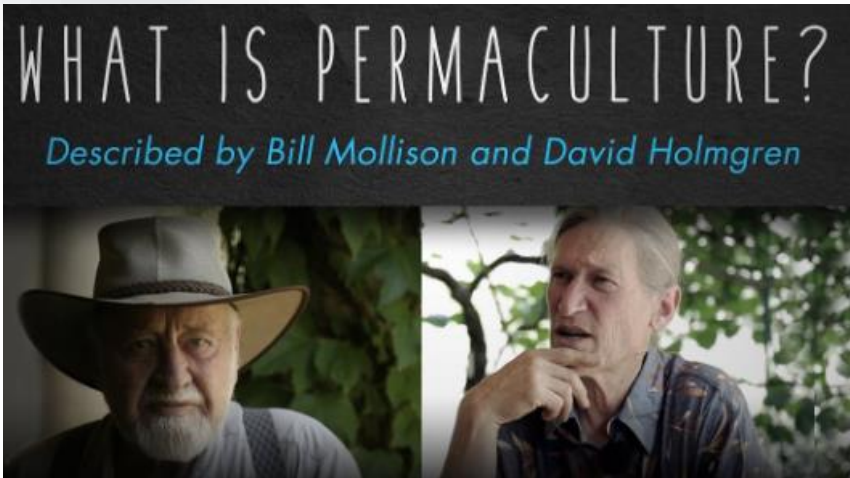


**DALYAN MEETING AND ENVIRONMENT  
AWARENESS ACTIVITIES**

**22-28 October 2023**



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Permaculture for European Green Deal (not only in agriculture).



3 Ethics



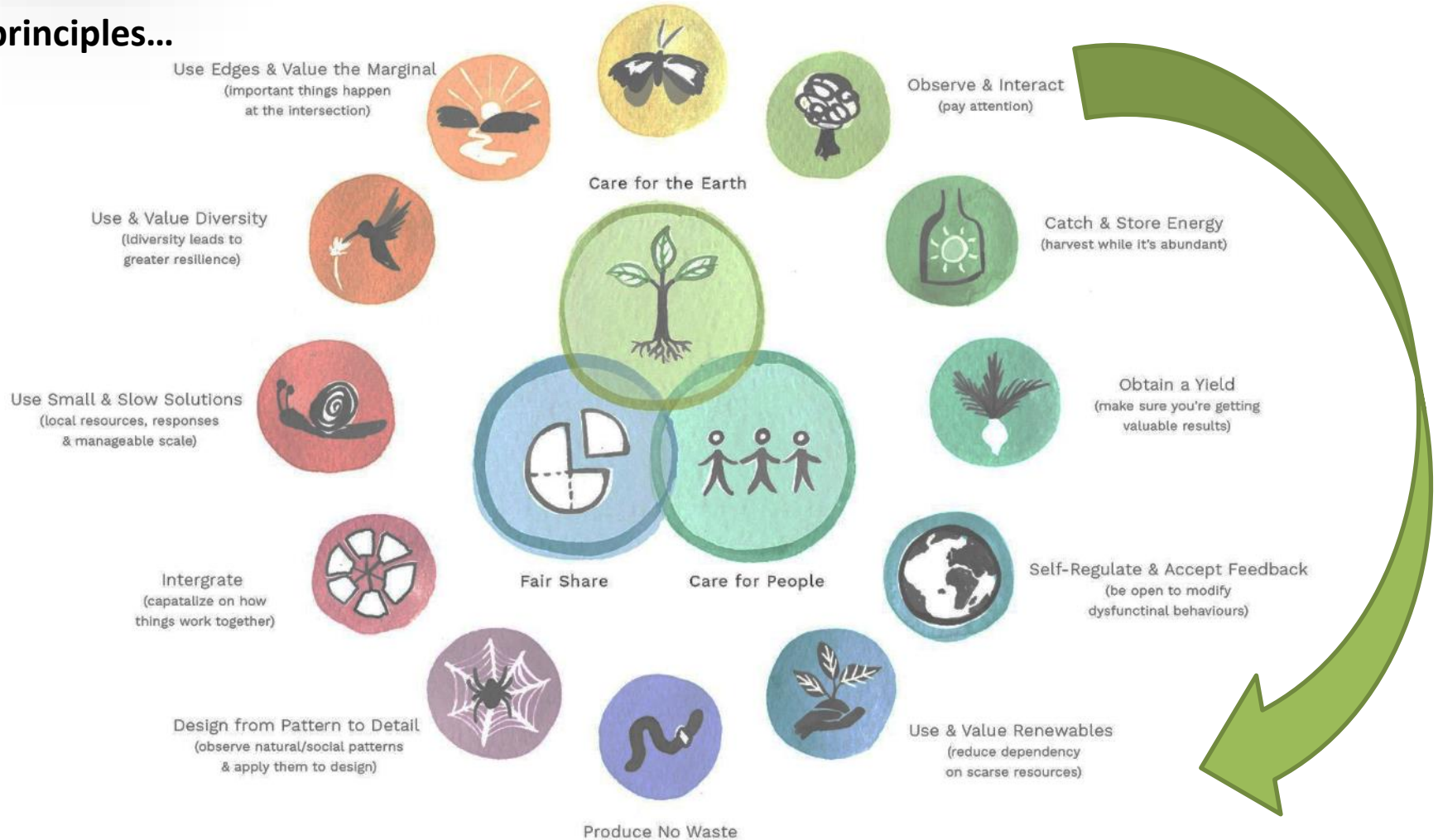


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Creatively Use & Respond to Change  
(envision possibilities & intervene in effective ways)

## 12 principles...



**Permaculture is not only an approach to agriculture that suggests sustainability and self-sufficiency**





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Permaculture zone model to design lifestyles with low environmental impact (not only for Farm, it's for all)

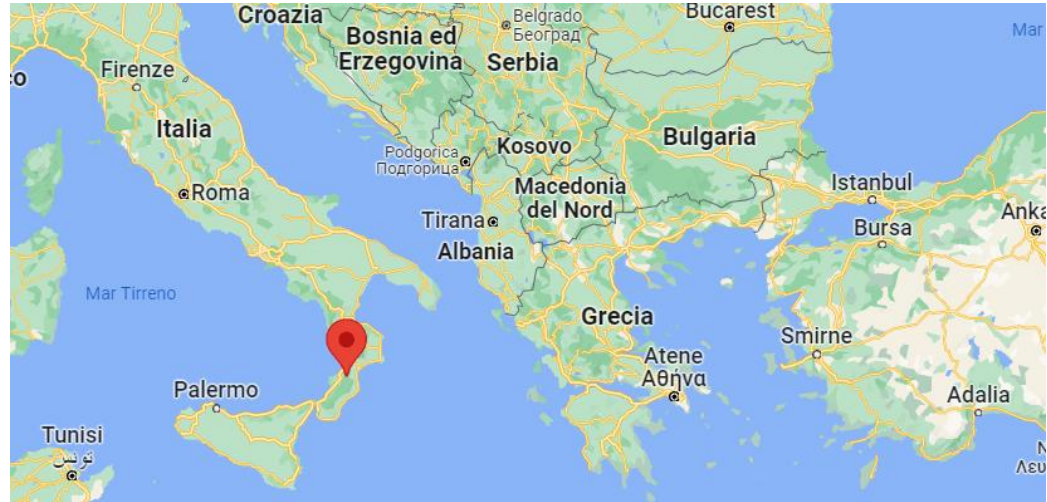




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Where? ...



E.g. In Calabria region, there is no percentage of companies that adopt the "permaculture" method because it is a lifestyle approach that can be applied in every sector, not just agriculture.





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## How?

In our specific case, we try to apply the principles of permaculture by promoting a **lifestyle that has low environmental impact**. Nothing new is invented, it is simply necessary to observe the cycles of nature and try to follow nature's regenerative process (by pattern). Therefore in our case we try to self-produce like our grandparents did but in a more modern version using machinery and technological tools.







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PRO  
and  
CONTRO ...



- Permaculture offers several advantages compared to traditional agricultural methods. These are sustainability, biodiversity, soil health, water conservation, low energy input, localized food production, resilience to climate change, reduced waste, connection to nature and improved quality of life. Of course, while permaculture offers these advantages, its important to note that its effectiveness depends on proper planning, design and ongoing management.
- Contro: we have to change, get out of this comfort zone that has high carbon footprint. Difficulty getting out.









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## Suggestions for Permaculture applications

Permaculture is an approach to life that seeks to create a circular system where the **environmental impact is reduced compared to the anthropological activities known so far in the last century.** Try to create **networks** of people who collaborate with each other so that products and services are mainly close to each other (km0). Obviously applying permaculture in **small rural villages** is easier than in big cities **but in the city above all we can make the change quickly.**









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AGISCI LOCALE, PENSA GLOCALE



KALABRIA  
ECOFEST

IL PRIMO FESTIVAL D'ITALIA

FATTO A MANO!

[www.kalabriaecofest.it](http://www.kalabriaecofest.it)

[www.facebook.com/kalabriaecofest/](https://www.facebook.com/kalabriaecofest/)  
[www.instagram.com/kalabriaecofest/](https://www.instagram.com/kalabriaecofest/)

**KEF** follows **New European Bauhaus** too

“Beautiful are the places, practices, and experiences that are:  
**Enriching**, inspired by art and culture, responding to needs beyond functionality.  
**Sustainable**, in harmony with nature, the environment, and our planet.  
**Inclusive**, encouraging a dialogue across cultures, disciplines, genders and ages”.



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# WHEN Where



1° Edition July 2021...



2° Edition July 2022...

3° Edition July 2023...



Initially during the Covid period we wanted to create a small festival that would introduce people who already carry out low environmental impact activities. From there we noticed that people wanted this atypical festival to meet other people and network on environmental issues and simply be immersed in nature.





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## Aims of ECOFEST ?

Permaculture  
by ...  
symposiums,  
workshops,  
music and  
cooking, kids etc.







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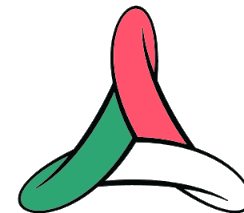


# KALISTRATIA IS KEF but... there are others stakeholders

Kalistratia deals with the legal aspects of holding a festival in a public space. Furthermore, many members of the association are among the founders of this festival.



Kalistratia is the main association but around it there are people and other associations as well as public bodies (Polia municipality, regional park, etc.).







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## What are the preparation activities of ECOFEST?

So far the festival has been supported by donations and the sale of food and merchandising. One of the most integrative aspects with the local community was to see that mothers help volunteers to cook and sell food made with local products. As early as next year we plan to ask for sponsors and win tenders because the festival is now too big to be maintained only with free funding. The preparations last about 4 months before the event where each group discusses the activities to be done on whatsapp or telegram (in addition to making video calls every 2 weeks). The main groups are: core, design core, symposiums, workshops, music and cooking, security and logistics.





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Partnership structure of  
the Organizing  
committee of ECOFEST ?



before

now

future

Kalistratia until now is the main association but around it there are people and other associations as well as public bodies (polia municipality, park authority, etc.).

For future we want to give more responsibility to other associations (to share our skills).





# «moode KEF»

«Do ut Des»





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# THANK YOU

# KALISTRATIA ODV

*Kalistratia is a Grecanic word that indicates "good travels", we want to wish good travels to the other associations that carry out activities with low environmental impact.*